

Path of Life Tour: The Apache (White Mountain, San Carlos, and Tonto) Vocabulary

Indé: The Apache call themselves *Indé* which means “people” in their language.

Bands: Tribal bands are smaller groups of people that share the same language, culture, and beliefs.

The Gahn: Mountain spirits who taught the Apache people how to live right.

Mono and Metate: The mono is a long smooth rock that is held in the hands and used to grind corn against the metate, the flat slate of rock that the corn sits on.

Tiswin: a special fermented corn drink for adults similar to beer used for ceremonies and special events.

Gowa: an Apache word for “home” usually a grass shelter that was built to store harvested food.

Cradle Board: a tool used to carry babies.

Awl: A tool with a sharp point, often used to put holes in leather.

Quiver: a pouch that holds arrows